

Penn State University's Olympic Medal Winners and Its Olympic 'Family'

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The Pennsylvania State University

Preface

The ancient Greek Olympic Games, one of four Pan-Hellenic festivals, began in 776 B.C.E. and ended more than 1100 years later in 393 A.D. A lengthy interregnum of 1503 years occurred before the French aristocrat and educator, Baron Pierre de Coubertin (1863-1937), revived these games in the spring of 1896.¹ From this beginning until the Second World War, the United States won the preponderance of gold, silver, and bronze medals at the summer Olympic Games.² A major reason for this international success was the pervasiveness of intercollegiate athletics in the United States, and the immense importance placed on elite sport, not only by university authorities but also by the majority of Americans. In these early days, the eight Ivy League universities sent their young male graduates to the summer Olympic Games, returning with more than their share of honors. Inspired by the Ivy League, other universities "set sail" for the Olympic Games. Colleges and universities in the Commonwealth of Pennsylvania—their athletes in a dozen Olympic sports—have been successful at these quadrennial festivals. Except for this essay on Penn State University, the author is unaware of any effort, on any Pennsylvania campus, at an institutional Olympic Games history.

A Sampling of Olympians from Pennsylvania Institutions of Higher Learning

The numbers are "legion." Several hundred athletes—both men and women—represented themselves, their Pennsylvania University, and the United States of America at the Olympic Games. Just a few of them were:

1. The Philadelphia Vesper Boat Club in eight-oared rowing; gold medals in 1900 (Paris) and 1904 (St. Louis).
2. Paul Costello and John Kelly, Sr., Philadelphia; 3 gold medals (each) in rowing competitions (1920 and 1924).
3. Irving K. Baxter, Univ. Pennsylvania; multiple champion in 1900 and 1904 (jumping and vaulting).
4. Nathaniel "Nate" Cartmell, Univ. Pennsylvania; gold and silver medal winner in 1904 and London (1908) in sprinting.
5. Herb Douglas, Univ. Pittsburgh; bronze medalist in long jump (London 1948).
6. Earl W. Eby, Univ. Pennsylvania; silver medal 800 meters (Antwerp, Belgium 1920).

7. Ervin Hall, Villanova University; silver medal in hurdles (Mexico City 1968).
8. Larry James, Villanova University; gold and silver (1968) in sprints and relay.
9. Charles Jenkins, Villanova; 2 gold medals (400 meters and relay) at Melbourne, Australia 1956.
10. Alvin Kraenzlein, Univ. Pennsylvania. Four gold medals in Paris 1900 (sprints-hurdles).
11. Alfred Leconey, Lafayette College; won gold medal in sprint relay (1924 Paris games).
12. Don Lippincott, Univ. Pennsylvania, two sprint race silver and bronze medals (Stockholm, Sweden 1912).
13. Ted Meredith, Univ. Pennsylvania; gold and silver medals in 800 meters and relay, respectively (Stockholm).
14. Don Bragg, Villanova Univ.; pole vault gold medalist in Rome 1960.
15. John Woodruff, Univ. of Pittsburgh; gold medal at 800 meters in Berlin, Germany 1936.
16. J. W. B. Tewksbury, Univ. Pennsylvania, won five medals at 1900 Paris Olympic Games in sprints and hurdles.

Only the state of California has produced more Olympians than Pennsylvania. The Commonwealth university athletes at the winter and summer Olympic Games have won honors in speed skating, bob sledding, figure skating, boxing, wrestling, swimming, water polo, fencing, rowing, sailing, canoeing, shooting, equestrian sports, archery, basketball, and gymnastics. Little, if any, thorough scientific research exists on Pennsylvania male and female Olympic athletes in these events.

The Pennsylvania State College-University Olympic Games Commitment

The Pennsylvania State University, founded as The Farmer's High School (1855) and in 1863 as the Land-Grant College, began intercollegiate athletics in the late nineteenth century, but sent no representatives to the first series of quadrennial Olympic Games, beginning in Athens, Greece 1896. But in the twentieth century, Penn State University has sent literally several hundred persons to the winter and summer Olympic Games—in official capacities, i.e. athletes, coaches, managers, "chef-de-mission" specialists, journalists, television-media personnel, administrative and venue supervisors, the whole range of sport medicine physicians, sport scientists, and social science scholars.

The first Penn State College professional track coach was Nathaniel John "Nate" Cartmell, the multiple Olympic champion graduate of the University of Pennsylvania. His eleven years at Penn State (1923-1933) were preceded by the competent amateur coach, Bill Martin, who sent two athletes to the Games

of the Seventh Olympiad in post-war Antwerp, 1920. Between them, they won gold, silver, and bronze medals. Harold Earl Barron (Class of '22) ran second in the 120-yard high hurdles to the Canadian world-record holder, Earl Thomson.³ Marion Lawrence "Larry" Shields (Class of '22) was outstanding at the 1500 meter run, capturing a bronze medal behind Britain's A. G. Hill and future (1959) Nobel Peace Prize winner from England, Philip Noel-Baker. Shields was a member of the winning USA 3,000 meter team race and returned home with both gold and bronze.⁴

Coach Cartmell sent a brilliant group to Paris in 1924. One Penn Stater *not* part of his track athletes was the scholar-athlete from Japan—Katsutoshi Naito, who won an Olympic bronze medal in the 135-pound free-style wrestling competition.⁵ Naito sailed to Paris with the American Olympic team, representing his home city of Hiroshima, Japan, as well as the Penn State College Class of 1924, with a degree in agriculture. His "featherweight" class medal was "the second Olympic Games medal for Japan."⁶

A brilliant group of "State" runners went to Paris 1924, and they all came home with Olympic Games honors. Schuyler Colfax Enck (Class of 1924) was America's "hope" at the 800 meter distance, and "Sky's" third place behind Lowe of Great Britain and Swiss medical doctor, Paul Martin, made for a memorable final. Intercollegiate cross-country champion, William J. Cox, from Rochester, New York, joined American teammates for bronze medals in the 3,000 meter team race. Arthur Addison Studenroth (Class of 1920), who represented Penn State, America, and Philadelphia's Meadowbrook Club, in Paris, took home a team silver medal in the memorable 10,000 meter cross-country race. Finland's Paavo Nurmi won "going away" amidst Paris' hottest summer (100 degrees F. during the race). The best Penn State Olympian that year was Allen Boone Helffrich (1900-1994). For half a decade, almost no one could beat Allen in scores of long sprint races 600 yards through the half-mile. At 5' 11" and 160 pounds, he was the hero of the 1923 outdoor Penn Relays in Philadelphia, where Helffrich and his Penn State College buddies Carter, Edgerton, and "Sky" Enck beat the all-star British two-mile relay team in 7 min. 48 ¹/₅ sec.—a world record. At the Paris games, a mature Helffrich ran third "leg" on the American 4 x 400 meter mile relay team, sweeping to a new world record 3 minutes 16 seconds, and 4 gold medals. Half a year later, Helffrich went undefeated in every indoor race, including a memorable half-mile victory in New York's Madison Square Garden over the greatest Olympian—Finland's incomparable Paavo Nurmi.⁷

Another Penn State "Nittany Lion" Olympian medal winner—this time at the summer games in Amsterdam 1928, was Alfred Hilborn "Al" Bates. He was born in Philadelphia, attended Penn State College, graduated in 1928, and qualified for the Olympic Games in the broad jump (today called "long jump.") His school record of 24' 10 ³/₈" lasted for more than half a century.

His Olympic bronze medal jump of 24' 4 $\frac{1}{4}$ " was just behind Haiti's S. P. Caytor's 24' 11 $\frac{1}{8}$ " and short of the American winner, Ed. Hamm.⁸ Times were difficult on the Penn State campus during the depression 1930's, and economically "painful" almost everywhere else. The university athletes won no honors at the American-based Olympic Games of 1932—winter (Lake Placid, New York) and summer festival in Los Angeles. As World War II loomed large, the 1936 winter and summer Olympic Games (Garmisch and Berlin, Germany, respectively) saw no sons or daughters of Penn State College win an Olympic medal of any color. Four winter and summer Olympic Games were canceled in 1940 and 1944. War was a perfect instrument for the elimination of any international sporting competitions.

There were many Penn State athletes at the first post-war summer Olympic Games in London 1948.⁹ Only one was a medal winner, Henry Norwood "Barney" Ewell (1918-1996). Born into poverty in Lancaster, Pennsylvania, he was the state's greatest high school sprinter-jumper in the mid-1930's, entered Penn State before the war, served his country during the years 1941-1945, returned to the university and received his degree in 1947. He surprised and delighted many by making the 1948 Olympic team at age 30. At the London Olympic Games, the remarkable Ewell won two silver medals in the 100 and 200 meters and a gold medal in the USA-victory at 4 x 100 meter relay.¹⁰

The summer Olympics of 1952 were held in the historic city of Helsinki, Finland. Penn State graduate (Class of '49) Horace Ashenfelter III was there, with his university coach, also the USA Olympic coach, Charles "Chick" Werner (1903-1993). Horace was born in Phoenixville, Pa. in 1923, and during those '52 Olympic Games, he was a mature 29-year-old Federal Bureau of Investigation agent. An intercollegiate star at cross-country and long-distance running, Ashenfelter qualified for these Helsinki games at both the 10,000 meter (6.1 miles) as well as the extremely difficult 3,000 meter steeplechase run. Coach Werner felt it wise for "Ash" to withdraw from the exhausting longer race and concentrate on the steeplechase. It was a new event for the FBI agent and he was not ranked among the best in the world. And yet in the qualifying race, he hurdled well, flew over the formidable water barriers, and ran well on the "flat," qualifying for the Olympic final where he faced the world's best steeplechasers, including the record holder from the Soviet Union—Vladimir Kazantsev.

Olympic historians consider this race one of the most dramatic in games' history. It was a classic "Cold War" struggle: the American secret service agent versus the representative of Communist Russia. The two great runners soon separated themselves from the "pack" and traded the lead throughout the 7 $\frac{2}{3}$ laps. With 200 meters remaining, Ashenfelter surged and sprinted away from the faltering Kazantsev, winning in a new Olympic and world-record time of 8 minutes 45.8 seconds.¹¹ Ashenfelter won a gold medal, a place in the Track

and Field Hall of Fame, and was chosen his nation's greatest amateur athlete from 1952 . . . winner of the James Edward Sullivan Award.

A significant band of Penn State University athletes, coaches, trainers, administrators, and scientists, all in official capacities, went to the summer Olympic Games in Melbourne (1956), Rome (1960), Tokyo (1964), Mexico City (1968), and Munich, Germany in 1972. A smaller P.S.U. group traveled to the Olympic Winter Games in those same years (Cortina, Italy; Squaw Valley, California; Innsbruck, Austria; Grenoble, France; Sappora, Japan, respectively. All served with honor, but none returned to campus with Olympic medals of gold, silver, or bronze.¹²

Michael Lyle "Mike" Shine, one of fourteen Penn Staters at the Montreal, Canada Olympic Games in the summer of 1976, was born in Warren, Pennsylvania (1953), had a distinguished career at Youngsville High School, and for four years (1971-1976) was skillfully coached by Harry Groves into becoming a good, but not yet great hurdler. Shine loved competition and as his coach said: "Mike becomes ten feet tall as the challenge becomes greater." Young Shine made the U.S. Olympic team in the 400 meter hurdles and headed for Montreal. He ran well, winning his trial and semi-final race, permitting himself to write in his "Olympic Diary": "I'm thinking about an Olympic medal." On July 25, in a most memorable race, American world champion, Edwin Moses, flashed across the finish line in a record 47.64 seconds, with Shine winning the second place silver medal in 48.69 seconds. Five hundred million television viewers around the world watched Shine embrace Moses and jog together "a dizzy victory lap, tripping over hurdles they had cleared flawlessly only a minute before."¹³ No glory could be taken from these two young Americans' performances, despite the refusal i.e. "boycott" by most "Black African" nations from sending their best athletes to Montreal.¹⁴

A second Olympic "boycott" occurred in 1980, when two dozen nations, led by President of the United States, Jimmy Carter, refused to send his country's best male and female athletes to Moscow, USSR.¹⁵ Three Penn State athletes, chosen by their own United States Olympic Committee [USOC] to compete in Moscow, were disallowed by their own government from making the trip. They were Greg Fredericks (born 1950), American representative in the men's 10,000 meter run, Christine Larson and Charlene Frances Morett, both members of a superb women's field hockey team. Fredericks never did run in an Olympic Games, while Larson and Morett trained unceasingly for four additional years and won bronze medals in the 1984 Los Angeles games. Also on that medal-winning team was Penn State graduate, Brenda Lee Stauffer.¹⁶

Penn State University women were moving into the front at the 1988 summer Olympic Games in Seoul, Korea. Suzie McConnell, all 5'4" of her, combined with a talented American team and won basketball gold medals versus Yugoslavia. The 77-70 victory prompted Steve Weiberg of *USA Today*

to write: "For the U.S. women, there was absolutely no room for criticism. They dominated."¹⁷ Four years later, Pittsburgh's Suzie McConnell-Serio and her American Olympic basketball team won bronze medals in Barcelona.

Mary Ellen Clark [PSU Class of '85] came out of Newtown Square, Pennsylvania to become a fine student and a good but not yet great platform ten-meter diver. Many thousands of practice hours, excellent coaching and very exceptional determination won her two bronze medals at the Barcelona and Atlanta Olympic Games of 1992 and 1996. She overcame physical adversities at every turn. She persisted with grace, performed marvelously, and made local and national headlines.¹⁸

These combined winter and summer Olympic Games are the largest pacific gathering of humankind. University of Chicago anthropologist, John J. MacAloon called these quadrennial festivals "the closest approximation to a truly global ritual system that humankind has yet generated." In less scholarly terms, French journalist Robert Pariente called these modern Olympic Games "a unique phenomenon in the history of our civilization." Professor of Classics at the University of Florida, David C. Young, after a professional lifetime of studying both the antique Olympic Games as well as the century-old modern version, said of the latter: "I view the modern Olympic Games as one of the world's greatest institutions, potentially, perhaps, its greatest hope."¹⁹

Almost from the beginning of the twentieth century, "Sons and Daughters" of Penn State University, its students and faculty, were a small but significant part of that whole Olympic movement. Ninety-one PSU persons have played an official role in these Olympic Games (See Appendix "A," "B," and "C."). This researcher has identified even more Penn Staters that did good work as venue administrators, stadia volunteers, artists and museum specialists, media-television technologists, an official IOC lecturer, and a score more volunteer workers. This researcher risks censure in not including their names in this paper.

Appendix "A"

Pennsylvania State University Undergraduate Students - Olympic Medals - Gold, Silver, Bronze

No.	Name	Class PSU	Olympic Games Commentary
1	Harold Earl Barron	22	silver medal - high hurdles Antwerp, Belgium 1920
2	Marion Lawrence Shields	22	bronze medal 1500 meter run & gold medal in 3,000 meter team race - Antwerp, Belgium 1920
3	Katsutoshi Naito	24	bronze medal - featherweight wrestling - Paris, France 1924
4	Schuyler Colfax Enck	24	bronze medal - 800 meters Paris 1924
5	William J. Cox	29	bronze medal as member of USA 3,000 meter team race Paris 1924
6	Arthur Addison Studenroth	20	silver medal as member of USA 10,000 meter cross-country team Paris 1924
7	Allen Boone Helffrich	25	gold medal - USA's 4 x 400 meter relay team - Paris 1924
8	Alfred Hilborn Bates	28	bronze medal in long jump; Amsterdam, Holland 1928
9	Henry Norwood "Barney" Ewell	47	2 silver medals in 100 and 200 meters and a gold medal 4 x 100 meter relay; London 1948
10	Horace Ashenfelter III	49	gold medal in 3,000 meter steeplechase; Helsinki, Finland 1952
11	Michael Lyle Shine	76	silver medalist in men's 400 meter hurdles; Montreal, Canada 1976
12	Christine Larson Mason	78	bronze medal in women's field hockey; Los Angeles 1984
13	Brenda Stauffer	83	bronze medal in women's field hockey; Los Angeles 1984
14	Charlene Francis Morett	79	bronze medal in women's field hockey; Los Angeles 1984
15	Suzie McConnell-Serio	88	gold medal in women's basketball; Seoul, Korea 1988, and bronze medal in Barcelona 1992
16	Mary Ellen Clark	85	two bronze medals in women's 10-meter platform diving; Barcelona, Spain, 1992, and Atlanta 1996

Sixteen (16) athletes - 5 women and eleven men -
won a total of 20 Olympic medals - 5 gold; 4 silver; 11 bronze

Appendix "B"

P.S.U. Athletes at the Winter & Summer Olympic Games

No.	Name	PSU Affiliation	Olympic Games Commentary
17	Sanshiro Abe	PSU '96	competed for Japan in free-style wrestling at 125.5 pounds - Atlanta '96
18	Jana Angelakis	PSU '86	two-time Olympic Games fencer 1980 & 1984
19	William Nyman Ashenfelter	PSU '51	Helsinki, Finland 1952; USA 3,000 meter steeplechase competitor
20	Marshall Avenier	PSU '73	American gymnast at Olympic Games Munich ('72) and Montreal ('76)
21	Christopher Kent Bahr	PSU '75	U.S. Olympic Soccer team (1976) eliminated in trials
22	Matthew Bahr	PSU '79	his 1984 U.S. Olympic soccer team eliminated in early rounds
23	Terry Bartlett	PSU '86	Britain's Olympic Games gymnastic team; Los Angeles ('84) and Seoul, Korea ('88)
24	William A. Bonsall	PSU '49	American gymnast at 1948 London Olympics
25	Diane Braceland Vruegolnehill	PSU '72	5th place in women double sculls rowing-Montreal 1976
26	Louis John Bordo	PSU '43	member USA Olympic team in gymnastics - London '48
27	Daniel R. Canter	PSU '82	American Olympic soccer team 1984, eliminated in preliminary competitions
28	Kenneth J. Chertow	PSU '89	American free-style wrestler (114.5 lbs.) in Seoul '88
29	Ronald Thomas Coder	PSU '51	USA soccer team in 1956 (Melbourne) and 1960 team eliminated in trials
30	Steven Robert Cohen	PSU '67	USA's gymnastic team in Mexico City 1968
31	Peter Cox	PSU '89	American fencer in Atlanta, Georgia 1996
32	Jean Cronstedt	PSU student	represented Sweden in gymnastics at Rome, Italy Olympic Games 1960
33	James Patrick Culhane	PSU '65	alternate gymnast 1968, and team member in Munich 1972
34	Glenn Dubis	PSU '81	1984, 1988, and 1996 USA Olympic team in shooting
35	Gregory L. Frederichs	PSU '72	member U.S. Olympic team in 10,000 meter run; Moscow "boycott" 1980
36	Herman Goffberg	PSU '42	member U.S. Olympic team in London 1948; 10,000 meter run
37	Steven Roy Hayden	PSU '66	competed in 1972 Olympics Munich, Germany, in 50 kilometer race walk

38	Lennart Hedmark	PSU student	competed for Sweden in 10-event decathlon (1968; 1972; and 1976)
39	Knute Hjeltnes	PSU student	competed for Norway in Olympic discus throw; 1976-1980-1984 and 1988 games
40	C. J. Hunter	PSU '91	USA Olympic team in Atlanta '96; 7th place in men's shot put
41	Steven S. Kaplan	PSU '75	U.S. fencer (men's sabre) at 1976 Olympic Games
42	Charles Hewes "Crip" Moore	PSU '26	Olympic games competitor in 110 meter high hurdles - Paris 1924
43	Garland Deloid O'Quinn	PSU '71 g.	USA all-around gymnast in Rome Olympic games 1960
44	Richard Rice Packer	PSU '56	USA's Olympic soccer team in Melbourne, Australia 1956
45	Suzanne Paxton	PSU '93	Women's fencing (foil) team USA; Atlanta '96
46	Romel Raffin	PSU '78	Canadian Olympic basketball team in 1976; 1980; 1984 and 1988
47	William L. Reilly	PSU '66 PSU '72 g.	U.S. Olympic track team; 3,000 meter steeplechase; Mexico City in 1968
48	Paul Ernest Rekers	PSU '31	finalist in 5,000 meter run at 1932 Olympics in Los Angeles
49	John "Blondy" Romig	PSU '21	U.S. Olympian at 5,000 meters (Paris 1924), and 10,000 meters in Amsterdam 1928
50	Michael Sands	PSU student	represented The Bahamas in sprints-relays; 1972 Munich & 1976 Montreal
51	Karl Kurt Schwenzfeier (Schier)	PSU '56	Olympic gymnast USA; Melbourne '56 and head coach Montreal 1976
52	Edgar Duff Seymour	PSU '38	Two-man bobsled; Cortina, Italy, 1956; sixth place
53	Ian Shelly	PSU '87	British gymnast at the Barcelona, Spain, Olympic Games 1992
54	Raymond Stephen Sorensen	PSU '48	Represented USA at the London 48 Olympics in men's gymnastics
55	Curtis Charles Stone	PSU '47 PSU '55 g. PSU '63 g.	5,000 and 10,000 meter runner in London ('48); Helsinki ('52) and Melbourne 1956
56	Thomas Strzalkowski	PSU '95	US fencing team (sabre) in Atlanta '96
57	Lee James Talbott	PSU '13	5th place in 16 pound hammer throw; 1908 games in London, Englan
58	Gregor Richard Weiss	PSU '62 PSU '67 g.	American gymnast at Tokyo 1964 Olympic Games
59	Gene Whelan	PSU '76	Alternate American gymnast at the 1976 Montreal games
60	Wayne R. Young	PSU '84 g.	American gymnast in Montreal Olympics 1976

Appendix "C"

P.S.U. "Family" at the Winter & Summer Olympic Games

No.	Name	PSU Affiliation	Olympic Games Commentary
61	John W. Bach	PSU varsity	USA assistant basketball coach (men); men's basketball Munich Olympic Games 1972 coach
62	Walter Bahr	PSU varsity	member U.S. Olympic soccer team in men's soccer London, England 1948 coach
63	Hugo Bezdek	PSU football	member of American Olympic Committee coach & dean in Los Angeles for the 1932 Games
64	Janie Barkman Brown	PSU assistant	1968 and 1972 American swim, swimming coach Olympian. Two gold and one bronze medals
65	Kevin Cadle	PSU '77	coaches Great Britain's (men's) basketball team at Barcelona Olympics 1992
66	Nathaniel John "Nate" Cartmell	PSU track coach	one gold; 2 silver and one bronze medals in 1923-1933 sprints and relay at Olympic Games St. Louis (1904) & London (1908)
67	Kristine Clark	faculty; nutrition	Team nutritionist for U.S. men's and women's field hockey and soccer teams
68	Raymond M. Conger	30 year faculty	1500 meter finalist at 1928 Olympics - member at PSU Amsterdam
69	Maxwell R. Garret	PSU fencing coach	Olympic games fencing coach Rome 1960
70	Wes Glon	PSU fencing coach	American fencing coach Atlanta '96
71	Harry Groves	PSU track coach	Olympic coach in Barcelona, Spain, 1992 for more than 30 years
72	David Joyner	PSU '72 PSU '76 g.	head U.S. medical doctor Albertville, France Winter Olympic games 1992
73	Emmanuil Kaidanov	PSU fencing coach	Senior fencing official at 1996 Olympic Games in Atlanta
74	William Henry Koll	PSU wrestling coach	U.S. free-style wrestler at London Olympic games 1948
75	Paavo V. Komi	PSU '69 g.	Finland's sport medicine specialist at Atlanta Games '96
76	Carl Raymond "Rags" Madera	PSU '26	U.S. boxer in Paris 1924; heavyweight; broken hand at Games
77	William T. Meade	PSU '49	Official American team manager; gymnastics - Mexico City 1968

78	Charles "Chuck" Medlar	PSU '48	U.S. Olympic Training Staff 1952; 1964, and 1968 (head trainer)
79	Sayers J. "Bud" Miller	PSU faculty	U.S. Olympic at Winter Games, Lake Placid 1980
80	Richard C. Nelson	PSU faculty	Biomechanics specialist on the 30 years International Olympic Committee [IOC] Medical Commission
81	Kurt Oppelt	PSU faculty	represented Austria in 4 winter Olympic Games - gold medals in pairs figure skating Cortina 1956
82	Jerome J. Perry	PSU '51	Track and Field starter at Los Angeles '84 Olympic Games
83	Sue Marie Rojcewicz	PSU Asst. women's basketball coach	silver medals in Montreal 1976, U.S.women's basketball team
84	Gerald F. Russell	PSU admin.	U.S. Chief security officer at 1968 Games in Mexico City
85	Joseph Ralph Scalzo	PSU '42	U.S. Greco-Roman wrestling official and coach 1952 and 1956 Olympic Games
86	Carl P. Schott	PSU dean	Manager of U.S. boxing team; unable to go to Los Angeles 1932
87	Edward Anthony Sulkowski	PSU '49	American trainer for Olympic boxers/wrestlers; 1972 and 1976 Games
88	Jose Armando Vega	PSU '60	American gymnast at Melbourne ('56) and Tokyo ('64) Olympic Games
89	Charles "Chick" Werner	30 years track coach at PSU	USA track coach at Helsinki 1952 Olympics
90	Eugene Wettstone	PSU coach for 30 years	Official gymnastic coach; judge & manager gymnastics 1948; 1952; 1956; 1968 and 1976
91	Vladimir Zatsiorsky	PSU faculty	biomechanics specialist of the IOC's Medical Commission

Appendix "C"; 28 men and 3 women [affiliated with the PSU "family"] won 9 Olympic medals. (4 gold, 3 silver, and 2 bronze).

The grand total of PSU Olympians is thus [Appendix A, B, and C] a total of $16 + 44 + 31 = 91$ [11 women and 80 men].

The total number of Olympic games medals won by the PSU "family" [see Appendix "A" and "C"] equals 20 medals plus 9 medals. . . or 29 medals [9 gold, 7 silver, and 13 bronze].

Notes

1. Coubertin biographies number in the hundreds and are published in more than a dozen languages. The latest (1998) is located in Robert A. Mechikoff and Steven G. Estes, *A History and Philosophy of Sport and Physical Education* (New York City: McGraw-Hill, 1998), pages 326-445.
2. Probably the two most comprehensive encyclopedia of the Olympic Games are David Wallechinsky, *The Complete Book of the Summer Olympics* (Boston: Little, Brown and Company, 1996), and Erich Kamper and Bill Mallon, *The Golden Book of the Olympic Games* (Milan, Italy: Vallardi, 1996). A widely-read historical and futurist text is John A. Lucas, *Future of the Olympic Games* (1992).
3. See *Report of the American Olympic Committee 1920*, p. 225; see photo on p. 217. Also, Penn State's *La Vie 1922*, pages 395-396.
4. See Spalding's Athletic Library *Report of the VIIth Olympic Games 1920*, pages 37, 47. See also PSU's Pattee Library—Penn State Room, under folder "Larry Shields." See *Centre Daily Times* [Pa.], August 29, 1972, p. 18. Also, the 1923 *La Vie*, p. 431 has an informative essay titled "Penn State's Olympic Men."
5. Naito's biography is located in John A. Lucas, *Penn State at the Olympic Games 1904-1976* (PSU publication, 1976), pages 9, 12, 29.
6. See *Official Japanese Report of the 8th Olympic Games*, under "wrestling," *The Japan Magazine*, 28 (1938), pages 38-44, has interesting details on Naito's career. Japan's men's doubles team in tennis (Kumagne and Kashia) won silver medals in Antwerp (1920). See also American Olympic Committee *Report 1920*, p. 330.
7. Personal conversations and correspondence with Mr. Helffrich and his son, Allan Helffrich, Jr., were revealing. See also Lucas (endnote 3, p. 11). Also *Report 1924*, AOC, p. 125; *The Philadelphia Inquirer*, April 29, 1923. See PSU's Penn State Room (Pattee Library) for *Beaver Field Pictorial*, May 17 and June 1, 1924. Also, Alan B. Helffrich, Jr., recollections of his father, in *Penn State Liberal Arts Review*, Fall 1995, p. 18.
8. *1928 USA Olympic Report*, p. 152. See also "Penn State In the 1928 Olympic Games," *La Vie 1930*, p. 215; also "Track" in *La Vie 1929*, pages 250-254; see Doug McDonald's "Rambling Three," *Centre Daily Times* [State College, Pa.], May 23, 1975, p. 19.
9. See Appendix "B" for all P.S.U. non-medal-winning athletes. A separate list of PSU coaches, trainers, chef-de-missions, medical doctors, venue managers, sport medicine specialists, et al-al official persons at Olympic Games is also included under Appendix "C".
10. See Ewell obituary in *The Times* of London, April 8, 1996: *Centre Daily Times [CDT]*, State College, Pa., April 4, 1996, pp. A1, A4; *CDT*, June 5, 1994, pp. 1C, 3C; Lancaster [Pa.] *New Era*, April 10, 1996, pp. A1, A5, and "The loss of a legend," in *The Penn Stater* [Alumni publication], July-August, 1996, p. 17.
11. For details, see PSU's *La Vie 1953*, pages 280-281; "A Great Steeplechase," *The Times* [London], July 26, 1952, p. 4; "American outruns Russian favorite," *The New York Times*, July 26, 1952, page 16.
12. Several "Penn Staters" did win Olympic gold, silver, and bronze medals during this protracted period 1956 through 1972. None were graduates of Penn State University prior to their Olympic Games experience. See Appendix "C" at the conclusion of this paper.
13. See Lucas' History of PSU; endnote number 3, page 45. See also Karen Jones, "Mike Shine - view from the finish line," *Town and Gown* [State College, Pa.], October 1981, pages 8-18. Shine kept a "Personal Diary of the Montreal Olympics." See Lucas for a copy of the original. Lastly, see John Lucas, "Penn State at the Olympic Games," *Town and Gown*, February, 1980, pages 50-60.
14. Boycott details are discussed in James Coote, ed. *Olympic Report 76* (London: Kemps Group Ltd., 1976; Chapter 1 "Montreal Background," pages 16-18.
15. See "The Boycott" in *The Olympic Story 1980* (Danbury, Connecticut: Grolier Enterprises Inc., 1980), pages 216-218, 225-229.
16. For more on Greg Fredericks, see Neil Rudel's "State's Greats - Greg Fredericks," [State College, Pa.] *Town and Gown* (June, 1988), 48-50. On the three young Penn State women and Olympic Games bronze medal winners, see "3 Lady Lions on 1984 Olympic Team," *Centre Daily Times* [State College, Pa.], July 5, 1983, sport section; also Emerson Heffner, "U.S. field hockey team includes 3 former Lady Lions," *The Daily Collegian* [PSU newspaper], July 26, 1984, p. 8. For the three bronze medal winners in Olympic women's

field hockey, see *Games of the XXIIIrd Olympiad Los Angeles 1984* (Official International Olympic Committee Publication, 1984), pages 163-165.

17. Weiberg's essay is located in *Seoul-Calgary 1988. The Official USOC Publication* (1988), p. 56. Alexander Wolff's essay "Look Who's No. 1...the U.S. women," is located in *Sports Illustrated*, 69 (October 10, 1988), 96-97. For more on McConnell, see *Town and Gown* [State College], March, 1991, pages 54-56, and "McConnell-Serio sparks Olympic dreams [by Damian Dobrosielski] in *The Daily Collegian* [Penn State newspaper], July 12, 1993, p. 8.

18. The Barcelona gold medal was won by thirteen-year-old diving sensation Fu Mingxia of China. Elena Mirochina of the Soviet Union "United Team" won silver. See p. 94 in the USOC's official publication *Barcelona-Albertville 1992*. See also Steven Wine's "Mary Ellen Clark overcomes vertigo," *Centre Daily Times* [State College], December 17, 1995, p. 6B; also "Poised to make history," *Sports Illustrated*, 82 (April 24, 1995, advertisement, no page; Charles Walston, "Vertigo and Mary Ellen Clark," *The Atlanta Constitution*, November 10, 1995, p. G1. This researcher

has a half-dozen more essays on Clark's personal and diving accomplishments.

19. See Mac Aloon's "La Pitada Olympica," in *Proceedings*, Ethnological Society, 1984, p. 315; Paris *L'Equipe* journalist Pariente's remark is located in the IOC journal *Olympic Message*, 23 (March 1989), 29, and Dr. Young's statement came from his book *The Olympic Myth of Greek Amateur Athletics* (Chicago: Ares Publ., Inc., 1984), p. ix.

Note: The author is grateful to Lee Stout and his efficient and cooperative staff in the university's Pattee Library Penn State Room. In this wonderful little place one can read: "The Inside Story of Athletics at Penn State," *The Alumni News*, 18 (June, 1932), 6-21; Erwin W. Runkle, *The Pennsylvania State College 1853-1932*; Ridge Riley, *Road to Number One* (1977); Wayland F. Dunaway, *History of the Pennsylvania State College* (1946). William T. "Mother" Dunn, PSU Class of 1908, was the university's first football All-American. But he was never a member of the Olympic team, despite an article in *The Open Road*, 5 (December, 1923), 10, which has a photo of "Mother Dunn throwing the discus at the Olympic Games."